

Rules....

Age Division: U5

PreK

Players on Field	3 v 3, no goalie, no stopper
Max Players Per Team	12, 2 groups of 6
Minimum Playing Time	Equal
Field Size	20x25 yards
Goal Size	4' x 6'
Ball Size	3
Game Length and Periods	4 quarters, 8 minutes per quarter (subs @ 4 min)
Free Kicks	All indirect
Passback to Keeper's Hands?	N/A
On-Field Coaching	Coach allowed on field
Off-Side Rule	No
Goal From Kick-Off	No
Substitutions	At 5 minute half or if tired
Penalty Kicks	No

Absolutely no Head balls are allowed – Indirect free kick awarded to the other team at the spot of the foul

Age Division: U6

K

Players on Field	3 v 3, no goalie, no stopper
Max Players Per Team	12, 2 groups of 6
Minimum Playing Time	Equal
Field Size	20x25 yards
Goal Size	4' x 6'
Ball Size	3
Game Length and Periods	4 quarters, 10 minutes per quarter (subs @ 5 min)
Free Kicks	All indirect
Passback to Keeper's Hands?	N/A
On-Field Coaching	Coach allowed on field
Off-Side Rule	No
Goal From Kick-Off	No
Substitutions	At 5 minute half or if tired
Penalty Kicks	No

Absolutely no Head balls are allowed – Indirect free kick awarded to the other team at the spot of the foul

**Age Division U8
1/2nd grade**

Players on Field	5 v 5, 4 field players plus 1 goalie
Max Players Per Team	10
Minimum Playing Time	Equal
Field Size	30 x 45 yards
Goal Size	5' x 10'
Ball Size	3
Game Length and Periods	4 quarters, 12 minutes per quarter (each player plays equal amount)
Free Kicks	All indirect
Passback to Keeper's Hands?	OK
On-Field Coaching	Coach from touchline
Off-Side Rule	No
Goal From Kick-Off	No
Substitutions	On deadball or injuries or if tired
Penalty Kicks	No
Other	All players must be a goalie at least once during the season Goalies may not play more than one quarter per game Goalie may not punt the ball over half field in the air (may drop-kick, throw, or place on the ground and kick. If the goalie punts the ball over half field in the air, the ball will be returned to the GK and put in play correctly) 5 goals per player max

Absolutely no Head balls are allowed – Indirect free kick awarded to the other team at the spot of the foul

**Age Division U10
3rd grade**

Players on Field	6 v 6, 5 field players plus 1 goalie
Max Players Per Team	12
Minimum Playing Time	Equal
Field Size	45 x 55 yards
Goal Size	5' x 10'
Ball Size	4
Game Length and Periods	4 quarters, 12 minutes per quarter (each player plays equal amount)
Free Kicks	All indirect
Passback to Keeper's Hands?	No. Ref will warn goalie on first offense. On second offense with the same goalie, An indirect free kick will be awarded where the goalie picked the ball up.
On-Field Coaching	Coach from touchline
Off-Side Rule	No
Goal From Kick-Off	No
Substitutions	Possession throw in, any goal kick, after a goal, any injury
Penalty Kicks	Yes (8 yds. from goal line)
Other	Goalie may not punt the ball over half field in the air (may drop-kick, throw, or place on the ground and kick. If the goalie punts the ball over half field in the air, the ball will be returned to the GK and put in play correctly) 5 goals per player max

Absolutely no Head balls are allowed – Indirect free kick awarded to the other team at the spot of the foul